

	Targeted Case Management & Mental Health Rehabilitation Policy	
Policy # 12419	Categories Administration / Non-Clinical → TCHP Case Management	This Policy Applies To: Texas Children's Health Plan
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POLICY STATEMENT:

The purpose of this document is to outline the policy for TCHP when performing authorizations on Targeted Case Management and Mental Health Rehabilitation. This guideline applies to the TCHP STAR/CHIP and STAR Kids products.

DEFINITIONS:

Mental Health Targeted Case Management means services designed to assist Members with gaining access to needed medical, social, educational, and other services and supports. Members are eligible to receive these services based on a standardized assessment (the Child and Adolescent Needs and Strengths (CANS) or Adult Needs and Strengths Assessment (ANSA) and other diagnostic criteria used to establish medical necessity.

Mental Health Rehabilitative Services are those age-appropriate services determined by HHSC and Federally-approved protocol as medically necessary to reduce a Member's disability resulting from severe mental illness for adults, or serious emotional, behavioral, or mental disorders for children, and to restore the Member to his or her best possible functioning level in the community. Services that provide assistance in maintaining functioning may be considered rehabilitative when necessary to help a Member achieve a rehabilitation goal as defined in the Member's rehabilitation plan.

TCH: Texas Children's Health Plan

POLICY

TCHP will perform authorizations on Targeted Case Management and Mental Health Rehabilitation. This guideline applies to the TCHP STAR/CHIP and STAR Kids products.

TCHP follows the utilization review guidelines in accordance to the Uniform Managed Care Manual and either the Texas Resilience and Recovery Utilization Management Guidelines: Child and Adolescent Services or Texas Resilience and Recovery Utilization Management Guidelines: Adult Mental Health Services as appropriate for the Member's age.

TCHP follows Texas Medicaid Provider Procedures Manual, Behavioral Health and Case Management Services Handbook for all applicable prior authorization, coverage, coding and reimbursement requirements including but not limited to stated benefit limitations and restrictions.

RELATED DOCUMENTS:

HHSC Uniform Managed Care Manual Chapter 15.1, Mental Health Targeted Case Management and Mental Health Rehabilitative Services

<https://www.hhs.texas.gov/sites/default/files/documents/laws-regulations/handbooks/umcm/15-1.pdf>

HHSC Uniform Managed Care Manual Chapter 15.4, Mental Health Targeted Case Management and Mental Health Rehabilitative Services

<https://www.hhs.texas.gov/sites/default/files/documents/laws-regulations/handbooks/umcm/15-4.pdf>

Texas Medicaid and CHIP Reference Guide - 15th Edition, Behavioral Health Services [Texas Medicaid and CHIP Reference Guide - 15th Edition](#)

REFERENCES:

Government Agency, Medical Society, and Other Publications:

Texas Resilience and Recovery Utilization Management Guidelines: Child and Adolescent Services [TRR Utilization Management Guidelines: Child and Adolescent Services \(texas.gov\)](#)

Texas Resilience and Recovery Utilization Management Guidelines: Adult Mental Health Services [Texas Resilience and Recovery Utilization Management Guidelines: Adult Mental Health Services](#)

Texas Medicaid Provider Procedures Manual Volume 2: Behavioral Health and Case Management Services Handbook <https://www.tmhp.com/sites/default/files/file-library/resources/provider-manuals/tmppm/archives/2025-09-TMPPM.pdf>

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